

## The H1N1 Vaccine is Now Available

### When and Where?

**DATE: Wednesday, December 16<sup>th</sup>**

**TIME: 3:30 pm**

**LOCATION: Mitchell Road Presbyterian Christian Academy**

### How much does it cost?

- The administration cost is \$19 per vaccine.
- Cash accepted. NO CREDIT CARDS WILL BE ACCEPTED.
- Insurance WILL NOT be filed.

### Who should get the H1N1 vaccine?

- Parkside Pediatrics follows the recommendations provided by the CDC (Center for Disease Control) which are:
  - Children ages 6 months and older. *Children must be at least 6 months of age to be vaccinated.*
  - Pregnant women
  - Any parent and or caregiver of children younger than 6 months old.
  - Any healthy adult ages 2-49 who does not have asthma or a serious medical condition.

### Who should NOT get the H1N1 vaccine?

- Anyone with severe allergy to eggs.
- Anyone with a previous severe reaction to a flu vaccine.
- Anyone with a moderate-to-severe illness with a fever of 100.4 or higher within the last 24 hours.

### What type of vaccine will my child receive?

- Children who are 2 years old or older and do not have a history of asthma or wheezing will be recommended to receive the H1N1 vaccine in the form of the **nasal spray**.
- If your child is under 2 years old or has a history of asthma or wheezing, then they will receive the H1N1 vaccine as an **injection**.

### Who needs 2 doses (or a booster) of the vaccine?

- Children who are under 10 years of age will require 2 doses of H1N1 vaccine in order to have full protection. (second doses must be given at least 4 weeks after the first dose) A second vaccine clinic is dependent upon the H1N1 vaccine supply and will be coordinated through your school.

### Want more information?

#### **If you have questions, contact your school nurse or school office.**

- The vaccine given at this clinic is preservative free.
- Parkside Pediatrics is providing this opportunity as a service to our community; PLEASE understand it is your responsibility to determine whether or not to receive the H1N1 vaccine.
- To learn more about the H1N1 and Seasonal Flu – signs, symptoms, ways to fight the flu along with many other health-related concerns and online resources, go to [www.parksidepediatrics.com](http://www.parksidepediatrics.com).