



## SEIZURE EMERGENCY ACTION PLAN

School Year \_\_\_\_\_ Teacher \_\_\_\_\_

Student's Name \_\_\_\_\_ DOB \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Cell \_\_\_\_\_

### SEIZURE INFORMATION *(to be completed by physician)*

Seizure Type \_\_\_\_\_ How it looks \_\_\_\_\_

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#### Emergency Medication:

DIASTAT- dosage and instructions: \_\_\_\_\_

\_\_\_\_\_

OTHER Med- dosage and instructions: \_\_\_\_\_

\_\_\_\_\_

Physician's Printed Name \_\_\_\_\_ Phone \_\_\_\_\_

Physician's Signature \_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_

#### First Aid for Seizures: *(STAY, SAFE, SIDE)*

- **STAY** with the student. **STAY** calm.
- Keep the student **SAFE**:
  - **Protect** their head. Do **NOT** restrain. Do **NOT** put anything in the mouth.
- **TRACK TIME**; turn student on their **SIDE**.

#### **EMERGENCY: IF SEIZURE LASTS FIVE Minutes>>>>>>>>**

- **(RN or Trained Personnel)** Administer **EMERGENCY** medication as indicated by physician's orders.
- **Call 911.**
- **Call** Parents/Guardian.

*Parents are required to provide medication to MRCA school nurse prior to the start of school.*

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

School Nurse Signature \_\_\_\_\_ Date \_\_\_\_\_